

## CLAIMS

1. An external patch comprising a backing and an adhesive layer laminated onto the backing, the adhesive layer containing as  
5 essential components a 5 to 50 wt% styrene-isoprene-styrene block copolymer (SIS), a 20 to 70 wt% adhesive resin, a 10 to 60 wt% softener, and a 1 to 20 wt% polyvinylpyrrolidone, along with estrogen and/or progestogen as active ingredients.
- 10 2. The patch according to claim 1, wherein the estrogen is 17- $\beta$ -estradiol.
3. The patch according to claim 1, wherein the progestogen is norethisterone acetate.
- 15 4. The patch according to claim 1, wherein the backing is a laminate comprising a 0.1 to 20  $\mu$ m thick polyethylene terephthalate film and a 1 to 200  $\mu$ m thick flexible polymer film, nonwoven fabric or woven fabric.

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